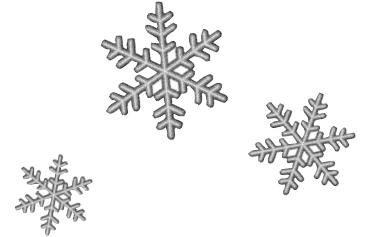


Central Vermont Food, Fuel & Transportation Winter Preparedness Coalition

There are many state, regional and community resources to help you minimize the impact of the rising costs of heat, fuel and food. The contact information below will help you get the information you need to weatherize your home, arrange transportation, find temporary accommodations or nearby food shelves, find out about health and human service organizations and programs, and more.

- **If there is an emergency**, you should call 9-1-1.
- **If you are seeking information** or non-emergency assistance, you should dial 2-1-1.
Vermont 2-1-1 is FREE and available 24 hours. Operators give you accurate information about state and local resources.
- **If you are a senior** and need help, call the Senior Helpline: 1-800-642-5119
- **If you have access to the internet**, you can also log on to the following sites:
State: www.HelpForVT.org and www.leg.state.vt.us/jfo/energyhome.htm
Regional: www.cvcac.org (479-1053) or gmunitedway@madriver.com (223-9532)
Area Food Shelves: www.vtfoodbank.org (223-9532)
Area Transportation: www.gmtaride.org (223-7287)



Town Contact Information: Town/City of _____

Town Website:

Town Administrator:

Community Service Officer:

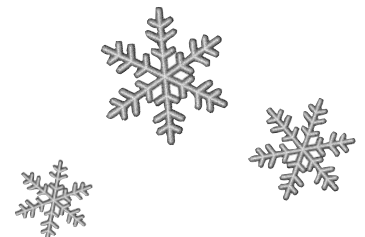
Selectboard Chair:

Emergency Management Director:

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