

Youth Initiated Grant Application Checklist

- ❑ Completed application (*4 copies*)
- ❑ Description of Program—*no more than 1 page (4 copies)*
- ❑ Budget (*4 copies*)
- ❑ Additional Information (*only 1 copy is necessary*)
 - ❑ Photographs
 - ❑ Personal Stories
 - ❑ Letters of Support
 - ❑ Videos

**Please remember to have permission to use and publicize these materials.*

Please send your application to:

Green Mountain United Way & Central Vermont Community Partnership
ATTN: Youth Initiated Grant Council
963 Paine Turnpike N #2
Montpelier, VT 05602-9163

Youth Initiated Grant Application

The Central Vermont Youth Initiated Grant Council is awarding \$16,000 in mini-grants to Central Vermont youth and youth groups. This is made possible through the Governor's set-aside money of the Vermont's Safe and Drug Free Schools and Communities Grant entitled *Youth Initiated Grant (Y.I.G)*. This is the fifth year the Youth Council has been involved in youth philanthropy, which has proven to be a successful strategy to support youth make healthy decisions, be active participants in their communities, and successfully transition into adulthood.

If you are a youth or youth group and are interested in applying for a mini-grant please fill out the following form and attach the additional information. Please send your application to:

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If you are a youth and are interested in participating in this dynamic project, please call Kate Binns at (802) 229-9532. We'd love to have you involved!

Requirements of the Grant:

- ◇ There are two grant cycles. For consideration during the first cycle, grant applications must be received no later than **December 21st, 2007**. Award letters will be sent at the beginning of January. For consideration during the second cycle, grant applications must be received no later than **February 1st, 2008** for review. Award letters will be sent at the beginning of March.
- ◇ The grant ***must be initiated and written by youth***. Adult advisors are highly encouraged!
- ◇ Programs must ***address community needs as identified by scientifically based research***. The Youth Risk Behavior Survey, conducted by each school is an excellent resource. There is also some community-based research available. Please contact us if you need assistance finding information.
- ◇ Programs must ***focus on preventing substance abuse and/or violence in your community and school***. The Department of Education has published some basic ideas on what works. We've attached a list of examples to this application, but please do not feel that you are restricted to those ideas. Creativity is important!
- ◇ Programs must ***address a need that is not being addressed by schools***. This can mean that you are working with youth that are not normally served by schools, such as youth who are parenting. It can also mean that you are filling in a gap in your school's services.
- ◇ You must ***evaluate your program to determine if it works***. For example, you could do a survey of youth's attitudes regarding substance abuse prior to your program and then after your program. We can work with you to create the method that will work best for you!
- ◇ Your program must be ***based in and serve one or more of the following communities***. Barre City, Barre Town, Berlin, Cabot, Calais, Duxbury, East Montpelier, Fayston, Marshfield, Middlesex, Montpelier, Moretown, Northfield, Orange, Plainfield, Roxbury, Waitsfield, Washington, Waterbury, Warren, Williamstown, Worcester.
- ◇ You must ***share the results of your program with the Youth Initiated Grant Council***. After you've conducted your program and done your evaluation, we'd like to see the results. We want to celebrate your success!

Contact Information:

Name(s): _____

Organization: _____

Email Address: _____

Mailing Address: _____

Phone Number: _____

Who are your main contacts? Please include information regarding whom a check should be written to if a grant is awarded.

Tell Us About Your Project:

How many youth are involved in creating this project? _____

How many adults are involved in supporting this project? _____

How many youth and adults will you expect to reach? _____

Please attach a description of your proposed program (no more than 1 page please)

Please include the following:

- What do you wish to do?
- How do you know that your program is needed? If you've used a research report, such as the Youth Risk Behavior Survey, be sure to site its title, author, and date of publication!
- What communities will you serve?
- How much money do you need and how will it be used?
- Who are your other community partners?
- What skill will you and other youth and adult participants learn?
- How will you know you have been successful? What type of evaluation will you do? Please attach a description and if possible example of your evaluation.

Budget:

Please attach a project budget sheet explaining how you will spend your grant. Please consider that you may want to allot money for the following: materials, rentals, fees, in-kind supports (donations, volunteers, etc.), transportation, advertising, stipends for youth, and last, but very important *food!*

Please note that funds from this grant *cannot* be used for salaries or purchase of durable equipment (i.e. computers, bicycles, etc.)

If we are unable to give you your full grant amount how will you adjust your budget and/or find other source of funding?

ACTION!

What is your planned timeline for completion? Who is responsible for maintaining this timeline?

Additional Information:

You may include with your application pictures, letters of support, stories, and videos if you feel that they will support your application. We cannot promise to return your additional information. Please make sure you have permission for use prior to sending in pictures and stories. The Central Vermont Youth Initiated Council reserves the right to use these materials from approved grants for promotion and evaluation.

Information to help you get started!

Examples of Prevention Based Programs:

- ❑ Spreading information about drug and violence prevention and dangers throughout your community.
- ❑ Training parents, teachers, police, and other community members about drug and violence prevention, healthy education, and/or early intervention.
- ❑ Creating and starting a program that promotes the creation of social skills to develop a strong self-image, which will lead to positive life decisions.
- ❑ Creating and starting an inclusive, community-based drug and violence prevention program that works with community resources (schools, after school programs, clubs, organizations etc.) that focuses on youth.
- ❑ Creating and starting before and after school recreational, instructional, cultural, and/or artistic programs that promote a drug and violence free lifestyle.
- ❑ Activities that promote the awareness of alternatives to violence through learning about issues of intolerance and hatred in history.
- ❑ Coordinating and conducting community-wide violence and safety assessments and surveys.
- ❑ Promoting service-learning projects that encourage drug and violence free lifestyles.

General Guidelines of “Principles of Effectiveness”

- ❑ Either conduct a community needs assessment or utilize information already available to focus your efforts on community needs.
- ❑ Decide how you will measure your success and evaluate what worked well and what did not.
- ❑ Use your evaluation to refine, improve and strengthen your program.
- ❑ Use your evaluation to determine your progress towards reducing violence and drug abuse in your community.
- ❑ Get input from parents, youth, and adult community leaders.

Definitions:

Prevention: is to stop the use of alcohol, tobacco, and other drugs in youth.

Violence: is an intentional and/or ignorant act of force attempting to cause and/or resulting in injury or death. This also includes threats of physical harm, abusive language, and harassment.

Substance Abuse: is the use of alcohol, tobacco, and other drugs that when used will cause damage to the user’s physical and/or mental health and potential endanger the lives of others.

Area Prevention Resources:

These are just some of the people working to prevent youth violence and substance abuse in Central Vermont. They are wonderful resources to help you with your prevention programs. Please feel free to contact other resources and share those resources with the Youth Initiated Grant Council!

Central Vermont New Directions:

Kim Martin
(802) 223-4949
<http://communityconnections.us/ProgramInfo/new%20directions/NDinfo.htm>
kimm@ximetrics.com

New Directions for Barre

Joelen Mulvaney
(802) 479-7378
www.newdirectionsforbarre.org
teenleadaa@verizon.net

Vermont Department of Health, Alcohol and Drug Awareness Program (ADAP)

Sarah Munro
Smunro@vdh.state.vt.us
(802) 479-4250
<http://healthvermont.gov/adap/adap.aspx>

Orange County START (Stop Teen Alcohol Risk Team)

David Savidge , Director Orange County Diversion
occdp@sover.net
(802) 685-3172

Washington County START (Stop Teen Alcohol Risk Team)

Sgt. Anthony Facos, Montpelier Police Dept.
(802) 223-3445

National Youth Violence Prevention Center

www.safeyouth.com
1-866-SAFEYOUTH

Vermont Teen Leadership Safety Program

Carol Rose, Executive Director
(802) 828-3851
Carol.Rose@state.vt.us

Mark Floyd, State Coordinator
Mark@vtlsp.org